



Trinity Preschool
MWF Pre-K Snack Schedule
NOV / DEC



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Each time you co-op, please bring one or two pieces of fruit or vegetables from your home to contribute to snack. For example: bell pepper, apple, cantaloupe, banana, orange, cucumber, grapes, carrot, broccoli, cauliflower, peach, plum, snap peas, tomatoes, avocado, star fruit, papaya, etc.

Date	Snack	Family	Please Bring
Mon 11/5	Veggies (Green Veggie Tasting/ Voting) Quesadillas	Fischer	1 broccoli, bag of snap peas, 2 green bell peppers, 1 block of mild cheddar cheese and 1 bag tortillas
Wed 11/14	Reese Adams' 5 th Birthday Snack	Adams	Please bring ingredients and utensils to make Reese's special healthy snack for 28. Please check in with teachers for ideas if needed.
Fri 11/16	Friendship Fruit Salad	All Families	Each child brings a piece of fruit to cut/share
Mon 11/26	Adam Faerm's 5 th Birthday Snack	Faerm	Please bring ingredients and utensils to make Adam's special healthy snack for 28. Please check in with teachers for ideas if needed.
Wed 11/28	Homemade Bread and Butter Lettuce burritos	Gariepy	2 pints of extra heavy whipping cream School provides materials for bread making 2 romaine lettuces heads, 2 cans of black beans, 1 box of cherry tomatoes
Thanksgiving Holiday November 19 – 23			School Closed
Mon 12/3	Smoothies Oranges Cucumber sunbutter sandwiches	Gomez	2 small (or 1 large bag frozen berries), small bottle apple juice, 3 bananas, 12 oranges, 3 cucumbers
Mon 12/10	Trinity chips and salsa Reindeer sandwiches	Hirschel	1 package of corn tortillas and 1 container mild or pico de gallo salsa, 1 small jar cherries, 28 slices gluten free bread, 1 small sunbutter
Fri 12/14	Hunter Schram's 5 th Birthday Snack	Schram	Please bring ingredients and utensils to make Hunter's special healthy snack for 28. Please check in with teachers for ideas if needed.
Mon 12/17	Gingerbread cookies Apples and sunbutter	Jairaj	Please bring in dough for gingerbread cookies (teachers will provide recipe) 8 apples
Fri 12/21	Christmas holiday treat	Gariepy	Please bring a healthy holiday treat for 28 children. Check with teachers if needed.

Christmas Break December 22 – January 6

Happy Holidays!!