



Trinity Presbyterian Preschool
 MWF Pre-K Snack Schedule
 September / October



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Each time you co-op, please bring one or two pieces of fruit or vegetables from your home to contribute to snack. For example: bell pepper, apple, cantaloupe, banana, orange, cucumber, mango, grapes, carrot, broccoli, cauliflower, peach, plum, snap peas, tomatoes, avocado, star fruit, papaya, etc. We encourage unusual fruits and veggies so children can try them!

Reminder: No nuts, eggs, hummus, sesame, coconut, or flax on ingredient list for snacks

Date	Snack	Family	Please Bring
Wed 9/5	String cheese and Crackers	School Provides	
Mon 9/10	Shapes Bread, jam and sunflower butter Watermelon Cucumber and round crackers	Adams	1 large loaf bread 1 large jar of Reese's favorite Trader Joes jelly 1 jar sunbutter 1 large watermelon 2 cucumbers 1 package round crackers
Mon 9/17	Apples (for tasting/voting and making applesauce) Rice crackers	Arbizu	4 each of red, green and yellow apples 28 small Granny smith apples for making applesauce Package of rice crackers
Fri 9/21	Back to School Family Dinner - Fellowship Hall		5:30pm – 7:30pm
Mon 9/24	Friendship smoothies Cinnamon Tortillas Pretzels	Bassett	Apple juice 2 packages mixed berries 3 bananas 1 bag tortillas 1 small tub spreadable butter 1 bag Pretzels
Mon 10/1	Corn on the cob Orange smoothies Applesauce and crackers	Cosovanu	14 stalks of Corn on the cob (not shucked) 3 cans frozen orange juice concentrate, apple juice, 30 ice cubes 1 jar Trader Joes applesauce 1 box crackers

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Mon	10/8	Mini pizzas Yogurt parfaits Rice crackers	Danek	14 mini bagels 1 jar red sauce, 1 large bag of shredded mozzarella 6 bananas 2 large containers Vanilla yogurt Package of rice crackers
Fri	10/12	Gil Kraynak's 5 th Birthday	Kraynak	Please bring ingredients and utensils to make Gil's special healthy snack for 28. Please check in with teachers for ideas if needed.
Fri	10/12	Picture Day!! Did you remember to return your envelope and payment?		
Mon	10/15	Cheese and crackers Rice cakes and sunbutter Waldorf salad	Ding	1 block mild cheddar cheese 1 box of crackers 1 bag of rice cakes 1 container of sunbutter 6 apples, 1 head of celery, shredded carrots
Mon	10/22	Spider Biscuits Carrots and applesauce Gluten free crackers	Dollard	30 biscuits (refrigerated tube- please check with teachers) 1 bag small stick pretzels 2 bags of mini carrots 1 large jar of Trader Joes applesauce 1 box gluten free crackers
Mon	10/29	Pears Bread and Sunbutter	Faerm	4 red, 4 green and 4 yellow pears 1 load of bread 1 jar of sunbutter
Wed	10/31	Special Halloween treat	TBD	Special healthy Halloween treat, enough for 28 children