



Trinity Preschool

MWF Pre-K Snack Schedule
January / February



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Each time you co-op, please bring one or two pieces of fruit or vegetables from your home to contribute to snack.
For example: bell pepper, apple, cantaloupe, banana, orange, cucumber, grapes, carrot, broccoli, cauliflower, peach, plum, snap peas, tomatoes, avocado, star fruit, papaya, etc.

Date	Snack	Family	Please Bring
Mon 1/7	Charlotte Dollard's 5th birthday	Dollard	Please bring ingredients and utensils to make Charlotte's special healthy snack for 28. Please check with teachers for ideas if needed.
Wed 1/9	Friendship Milkshakes Lettuce wraps	Jairaj	1 gallon of 1% milk, 6 bananas, 1 head of lettuce, can of black beans, 1 container cherry tomatoes
Mon 1/14	Ironed sandwiches Cereal and rice milk	Kizer	28 slices of bread (see class product list), one large block of cheddar cheese, 1 box of cereal of Abhay's choice, one large container of rice milk
Fri 1/18	Abhay Jairaj's 5th birthday	Jairaj	Please bring ingredients and utensils to make Abhay's special healthy snack for 28. Please check with teachers for ideas if needed.
Mon 1/21	Martin Luther King's Birthday – School Closed		
Wed 1/23	Stone Soup base Homemade corn tortillas/quesadillas	Kraynak	1 stick of butter, 4 quarts of vegetable broth, 1 box of fusilli pasta, corn mixture from Estrellita Market in RWC, bag of shredded mozzarella
Fri 1/25	Stone Soup	All Families	Each child should bring a smooth stone (large enough not to swallow) and a vegetable to contribute to our Stone Soup
Mon 1/28	Homemade tortilla strips Yogurt parfaits Pretzel Dough	Lau	1 package of flour tortillas, 1 jar mild salsa, 1 large vanilla yogurt, fruit of Gil's choice, Pretzel dough (teachers will provide dough recipe)
Mon 2/4	Bagel pizzas Crackers and apples	Laxminarayan	14 mini bagels, 1 large jar of pizza sauce, 1 large bag of shredded mozzarella, 1 box gluten free crackers, 8 apples
Wed 2/6	Azelea Arbizu's 5th birthday	Arbizu	Please bring ingredients and utensils to make Azelea's special healthy snack for 28. Please check with teachers for ideas if needed.
Mon 2/11	Rice cakes and sunbutter Fortune cookies and tangerines	Magilligan	1 bag gluten free rice cakes, 1 small jar sunbutter Fortune cookies for 28, Bag of at least 28 "Cuties" (tangerines)
Wed 2/13	Valentine's Celebration	Gomez	Healthy Valentine's snack for 28 children. Check with teachers if needed.
Presidents' Week February 18 – 22			School Closed
Mon 2/25	Bagels & cream cheese Apple Carrot salad Cucumbers and bruschetta	Ng	14 mini bagels, 1 large tub whipped cream cheese, 2 bags shredded carrots, 7 apples, 1 lemon, 2 large cucumbers, 1 container of bruschetta