



Trinity Presbyterian Preschool

PM Snack Schedule

February 2018



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Date	Snack	Family	Please Bring
Tues. 02/06	Apple Pie Bites	Pegna	24 crescent rolls in refrigerated tube 3 Granny Smith apples
Wed. 02/07	Oranges and Crackers	Pegna	8 oranges and one box Aislin's favorite crackers
Thurs. 02/08	Heart Sandwiches	Simon	24 slices of wheat sandwich bread and one tub of soft strawberry cream cheese
Fri. 02/09	Today we will walk to the mailbox on Howard Avenue to mail our Valentines!		
	Chris Law's 5 th birthday	Law	ingredients and supplies to make Chris' favorite food.
Tues. 02/13	Cool Soy Noodles	Singer	One lb. spaghetti noodles, cooked, drained and cooled and one recipe of cool soy noodle dressing (see recipe)
Wed. 02/14	Valentine Treat	Snekkevik Gottschalk	Please coordinate and provide treat for 24
Thurs. 2/15	Fried Won Tons	Clark	One recipe of wonton filling and one package of wontons
Fri. 02/16	Fried Rice	DeSalles	3 c. cooked rice, 3 green onions, chopped, ¼ lb. sliced ham, one cup frozen peas.
Tues. 02/20	Avery Roecks' 5 th birthday	Roecks	Ingredients and supplies to make Avery's favorite food.
Wed. 02/21	Patriotic Sundaes	Donecho	One large bag of frozen strawberries, thawed, one large bag of blueberries, thawed, and two large containers vanilla yogurt
Thurs. 02/22	Apples and Sunbutter	Hinojosa-Kirschenbaum	6 apples and one jar of Sunbutter
Fri. 02/23	Cherry Pie	Howitson	Two cherry pies ☺
Tues. 02/27	NO CLASS FOR PM Pre-K: Teacher Conferences Conferences take place Monday and Tuesday February 26th and 27th.		
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Wed. 02/28	Waffles	Leach	24 frozen waffles

Thurs. 03/01	Fresh Squeezed Orange Juice and Pretzels	ALL FAMILIES	If you have an orange tree please bring in some oranges! School provides pretzels
Fri. 03/02	Banana Orange Muffins	Manion	24 muffins made at home (see recipe)

Won Ton Filling

1/2 lb. ground pork/ground round
 8 water chestnuts, minced
 1 tsp. fresh ginger juice, squeezed from grated ginger root
 1/4 c. green onions, finely minced
 1 tsp. salt
 1 T. soy sauce
 dash of pepper
 pinch of garlic powder
 1 egg, beaten

Combine meat, chestnuts and rest of ingredients in a mixing bowl.

Cool Soy Noodle Dressing

Ingredients:

1 cup dark soy sauce
 4 tablespoons rice vinegar
 8 tablespoons sesame oil
 8 teaspoons sugar

Directions:

In a small bowl, stir together ingredients for dressing until sugar is dissolved. Bring to school in small container.

Banana Orange Muffins

1 1/2 cups sifted, all purpose flour	3 t. baking powder
1/2 c. sugar	1 cup wheat germ
1/4 t. salt	1/4 c. cooking oil
1 cup mashed bananas (2 medium bananas)	2 eggs
	1/2 cup orange juice

Stir together flour, sugar, baking powder and salt. Stir in wheat germ. Make well in center. In separate bowl, combine bananas, orange juice oil and eggs. Pour liquid ingredients all at once into dry ingredients. Stir just till all ingredients are moistened. Do not over mix. Fill well-greased or paper-lined muffin pans 2/3 full. Bake in 400 degree oven for 20—25 minutes or till golden brown.

Makes 18 muffins.