



Trinity Presbyterian Preschool

PM Snack Schedule

February 2020



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Date	Snack	Family	Please Bring
Tues. 02/04	Cereal and Milk	Rajani	One large box TJ's Quinoa Star Cereal OR Nature's Path GF Whole O's cereal and one quart rice milk
Wed. 02/05	Lois Palladino's 5 th birthday!	Palladino	Ingredients and supplies to make Lois' favorite food for 26. Please see teacher.
Thurs. 02/06	Cool Soy Noodles	Andrea Smith	One lb. buckwheat noodles, cooked, drained and cooled and one recipe of cool soy noodle dressing (see recipe)
Fri. 02/07	Pears and Pretzels	Neetal Smith	8 ripe pears and one bag gluten free pretzels
Tues. 2/11	Heart Sandwiches	Simon	26 slices gluten free sandwich bread and one large tub strawberry cream cheese
Wed. 2/12	Today we will walk to the mailbox on Howard Avenue to mail our Valentines!		
	Granola Bars	Warner	25 Granola Bars; see teacher
Thurs. 2/13	Valentine Treat	Sutherland Romeo	Please coordinate and bring Valentine treat for 26.
Fri. 02/14	Carrots and Hummus	Wurster	One large bag of baby carrots and one large tub hummus
February 17 – February 21- Presidents' Week School Closed			
Tues. 02/25	Apples and Sunbutter	Aguilera	8 apples and one jar sunbutter
Wed. 02/26	Patriotic Parfaits	Beyers	2 large tubs vanilla yogurt, one thawed bag each of frozen strawberries and blueberries.
Thurs. 02/27	Ants on a log	Boehle	One bunch celery cut into two inch lengths and one jar sunbutter. School provides ants
Fri. 02/28	Applesauce and Bananas	Clark	8 bananas and one large jar applesauce

OVER

Cool Soy Noodle Dressing

Ingredients:

1 cup dark soy sauce
4 tablespoons rice vinegar
8 tablespoons sesame oil
8 teaspoons sugar

Directions:

In a small bowl, stir together ingredients for dressing until sugar is dissolved. Bring to school in small container.