



# Trinity Presbyterian Preschool

MWF PRE-K Snack Schedule

SEPT / OCT 2015



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*Each time you co-op, please bring one or two pieces of fruit or vegetables from your home to contribute to snack. For example: bell pepper, apple, cantaloupe, banana, orange, cucumber, mango, grapes, carrot, broccoli, cauliflower, peach, plum, snap peas, tomatoes, avocado, star fruit, papaya, etc. We encourage unusual fruits and veggies so children can try them!*

| Date      | Snack                                                                  | Family          | Please Bring                                                                                                                                        |
|-----------|------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Mon 9/14  | Cheese and Crackers                                                    | School Provides |                                                                                                                                                     |
| Mon 9/21  | Rice cakes, pretzels and sunflower butter                              | Bailey          | 2 large bags of mini rice cakes<br>1 bag of Rold Gold pretzels<br>1 container of sunbutter                                                          |
| Fri 9/25  | <b>Back-to-School Family BBQ 5:00pm – 7:00pm, Fellowship Hall</b>      |                 |                                                                                                                                                     |
| Mon 9/28  | Cheerios and milk and apples                                           | Bajwa           | 2 large boxes of regular Cheerios<br>1 gallon of 2 % milk<br>8 each of small red, green and yellow apples                                           |
| Mon 10/5  | Apples and Wheat thins                                                 | Blomgren        | 30 small Granny smith apples for making applesauce<br>3 boxes of Wheat Thins                                                                        |
| Fri 10/09 | <b>TODAY IS OUR FIELD TRIP TO ELKUS RANCH-LEAVING AT 9:00 AM SHARP</b> |                 |                                                                                                                                                     |
| Mon 10/12 | Corn on the cob and cheese                                             | Cerna           | 1 block mild cheddar cheese<br>1 block Monterey Jack Cheese<br>15 Stalks of Corn on the cob                                                         |
| Wed 10/14 | Jake Moody's birthday                                                  | Moody           | Please bring <b>ingredients</b> and <b>utensils</b> to make Jake's special healthy snack for 30. Please check in with teachers for ideas if needed. |
| Fri 10/23 | <b>PICTURE DAY! Have you returned your envelope?</b>                   |                 |                                                                                                                                                     |
| Mon 10/26 | Spider Biscuits and carrots/celery                                     | Christmann      | 30 biscuits (refrigerated tube)<br>2 bags small stick pretzels<br>1 bag of mini carrots, 1 bag of celery                                            |
| Fri 10/30 | Halloween Treat                                                        | TBD             | Healthy Halloween Treat for 30                                                                                                                      |